

PYBMS(D)

Paper / Subject Code: 81906 / Foundation Course NSS-I / 86

Q.P. Code : 0000498

[Time: 2½ Hours]

[ Marks : 75]

Please check whether you have got the right question paper.

- N.B:
1. All questions are compulsory.
  2. All questions carry equal marks.
  3. Figures to the rights indicate full marks.

- Q.1** A) Fill in the blanks with appropriate word and rewrite the sentence (Any Eight) : (08)
- 1) The NSS was started in the year \_\_\_\_\_.
  - 2) The motto of NSS is \_\_\_\_\_.
  - 3) The NSS regional center of Maharashtra is located at \_\_\_\_\_.
  - 4) Inequality between male and female called \_\_\_\_\_.
  - 5) Demand of separate state is an output of \_\_\_\_\_.
  - 6) Nuclear family is the characteristic of \_\_\_\_\_ society.
  - 7) Article 341 in Indian constitution relates to \_\_\_\_\_.
  - 8) The web of social relationship is called \_\_\_\_\_.
  - 9) The world environment day is celebrated on \_\_\_\_\_.
  - 10) The sex ration of India in 2011 census is \_\_\_\_\_.
- B) State whether the following statement are true or false (Any Seven) : (07)
- 1) National integration comps are organized for cultural exchange.
  - 2) The NSS cell of Mumbai University located at vidyanagari.
  - 3) The slogan unity in diversity was popularized by Jawaharlal Nehru.
  - 4) Violence against women is gender related issue.
  - 5) 1<sup>st</sup> December is known as world AIDS Day.
  - 6) Each enrolled volunteer should participate at least one seven day's special residential camp in two years.
  - 7) The First backward class commission was established under the chairmanship of Kaka Kalekar.
  - 8) Caste is closed class.
  - 9) Inclusion of marginal in development process is called inclusive development.
  - 10) Right to property is detected by 43<sup>rd</sup> amentment of Indian Constitution.
- Q. 2** Explain in detail the objectives of NSS. (15)
- OR
- Q. 2** a) Write the meaning of NSS motto and symbol. (08)  
b) Write brief note on community based programme. (07)
- Q. 3** Define society. Explain the characteristics of society. (15)
- OR
- Q. 3** a) Write a brief note on "Gender Inequality in India". (08)  
b) Attempt a review of water disputes in India. (07)

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- Q. 4 Write an essay on "Right to equality" in Indian Constitution. (15)
- OR
- Q. 4 a) Explain the concept of social justice. (08)  
b) Write the features of inclusive growth. (07)
- Q. 5 Discuss various types of yoga. (15)
- OR
- Q. 5 a) Attempt a review of communalism in India after Independence. (08)  
b) Write a brief note on "Personality Development". (07)

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Please check whether you have got the right question paper.  
N.B: 1. All the questions are compulsory.  
2. Each question carrying 15 marks.

Q.1 A) Fill in the blanks (Any Five)

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1. Mr. \_\_\_\_\_ secured Silver Medal in double trap shooting event at 2004 Athens Olympic Games.  
a. Mr. Rajvardhan Rathod                      b. Mr. Abhinav Bhindra                      c. Mr. Gagan Narang
2. Indian Hockey Men Team secured \_\_\_\_\_ Times Gold Medals at Olympic Games.  
a. 06 Times    b. 05 Times    c. 08 Times
3. Mr Vijender Singh secured \_\_\_\_\_ Medal in the boxing event at the 2008 Beijing Olympic games.  
a. Silver Medal    b. Gold Medal    c. Bronze Medal
4. After the Sir Don Bradman, Mr \_\_\_\_\_ was the famous Indian Cricket Player.  
a. Sunil Gavoskar    b. Sachin Tendulkar    c. Mahendra Singh Dhoni
5. Kabaddi Team consist of \_\_\_\_\_ players.  
a. 12    b. 07    c. 09
6. Mr. \_\_\_\_\_ is the famous Snooker Player of India.  
a. Pankaj Advani    b. Geet Sethi    c. Tigar Wood
7. Ms. \_\_\_\_\_ secured Silver Medal in 2016 Rio Olympic Games.  
a. Sania Mirza    b. P.V.Sindhu    c. Jwala Gutta

B) Match following Items - I - with Items - II (Any Five)

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- | Item - I               | Items - II     |
|------------------------|----------------|
| a. Davis Cup           | 1. Basket Ball |
| b. B. Gupta Trophy     | 2. Cricket     |
| c. C.K. Naidu Trophy   | 3. Badminton   |
| d. Uber Cup            | 4. Hockey      |
| e. Subroto Cup         | 5. Chess       |
| f. President Cup       | 6. Tennis      |
| g. Oskar Robert Trophy | 7. Foot Ball   |

C) Write the following sentence True or False:

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1. 18x10 is the adminution of Volley ball Court.
2. Do or Die ride in Kho Kho game
3. Kapil Dev was the Caption of First world Cup winner Indian Cricket Team.
4. Mr. Vishwanath Anand is the Golf Player.
5. Ms. Sakshi Malik secured Bronze Medal in Boxing at Rio Olympic Game.
6. Badminton Racket made by Wooden.
7. Mr. Milkha Singh was the player of Power Lifting.

Q.2 Explain the determinant of Wellness?

**OR**

What do you mean by determinant of health? Explain in brief of health factors?

Q.3 What is meaning of health related Physical Fitness (HRPF)? How many components come under health related physical fitness?

**OR**

Which are the six components of Physical Fitness? How they are related to various skills?

Q.4 What is the JCR Test? Write test items of the JCR Test?

**OR**

What do you mean by cardio vascular endurance? Write the names of test measure in cardio vascular endurance?

Q.5 What is the Flexibility? Give the names of test to measure flexibility?

**OR**

Write Short Notes on any three of the following? **(Any Three)**

- a. Emotional Development
- b. Determinant of health Measurement
- c. Components of SRPF
- d. Spiritual wellness
- e. Mental Development

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