

F.C. - N.S.S.

Q.P. Code : 779501

(2½ Hours)

[Total Marks : 75

- N.B. : (1) All questions are compulsory.
(2) All questions carry equal marks.
(3) Figures to the right indicate full marks.

1. A) Fill in the blanks (ATTEMPT ANY EIGHT) 8
- 1) NSS foundation day is celebrated on
 - 2) In 1969, the NSS was introduced in Universities of India.
 - 3) The National Service Scheme (NSS) is an Indian government-sponsored public service program conducted by the Department of of the Government of India.
 - 4) The symbol for the NSS has been based on the giant Rath Wheel of the world famous Temple.
 - 5) The Motto of NSS is
 - 6) The navy blue colour indicates the of which the NSS is tiny part.
 - 7) The special NSS camp is organised for days.
 - 8) is pioneer of Women's education in India.
 - 9) The Scheduled Castes and comprise about 16.6 percent and 8.6 percent, respectively, of India's population (according to the 2011 census)
 - 10) includes freedom of speech and expression.
- B) Select the right alternative to complete the sentence. (ATTEMPT ANY SEVEN) 7
- 1) Each enrolled volunteer should contribute (20/40/80/120) hours for university projects.
 - 2) The NSS regional centre for Maharashtra is located at (Mumbai/Pune/ Nasik/ Nagpur).
 - 3) (Principal/Programme officer/Leader/Programme coordinator) is responsible for functioning of college NSS Unit.
 - 4) The Constitution of India came into effect on (26th January, 1950/1st May 1961/24th September 1969/ 18th May 2014)
 - 5) In the Ministry of Youth Affairs and Sports a Senior Officer is designated as (Programme officer /NSS coordinator / NSS Director /State Liaison Officer)
 - 6) National republic day parade is performed at (Rajpath/Oid Delhi/ Wagma

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- Border/ Shivaji park)
- 7) NSS grant is released from (Central Government/ State Government/ University/ College)
- 8) World environment day is celebrated on (15th August / 5th June / 1st December/ 1" July)
- 9) The Chairperson of the advisory committee of NSS in college is (District Coordinator/ Programme officer/ Principal/ Student leader)
- 10) You can organise 7 days residential camp in (Konkan / Vidarbha / Khandesh/ Marathwada)
2. Which project is on top priority at present in India for the betterment of society? 15
Design the same programme for NSS volunteers as major area base project.
OR
Write a note on : "Anti Caste perspective" given by Mahatma Phule, and Right against exploitation.
3. Explain the concept of "Gender" also comment on Child sex ration in India. 15
OR
What is "Domestic Violence against Women" ? Suggest preventive measures to minimise domestic Violence.
4. Write a note on language Conflict in India. 15
OR
Suggest the tips to maintain : 08
i) Communal harmony 07
ii) Good Health of youth
5. Write short notes on : (ANY THREE) 15
i) Dimensions of Human Personality
ii) Concept of Social Justice
iii) Current Indian Family system
iv) Organisational structure of NSS
v) Informal Sectors in India

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- N.B. : (1) All questions are **compulsory**.
(2) **Figures** to the **right** indicates **full** marks.
(3) Question **No.5** should attempt by Army, Navy and Air wing Cadets respectively.

1. (A) State the following sentences are **True** or **False** (Any **Eight**). 8

- (1) There are 15 Directorates in India.
- (2) Bharat Ratna is the highest Gallantry award in the country.
- (3) On 'Right Turn' command we turn right at 90 degree.
- (4) Drill are of three types.
- (5) Water is not our natural resource.
- (6) The Word of Command 'Thum' is given on Left foot.
- (7) Prime Minister is the Supreme Commander of Armed forces.
- (8) Major is the highest rank of ANO.
- (9) NCC is the biggest youth organisation in the world.
- (10) There are 17 groups of NCC in Maharashtra.

(B) Fill in the blanks (Any **Seven**) 7

- (1) Full form of BLC is _____.
- (2) Unity and _____ is the motto of NCC.
- (3) Highest non gallantry award in the country is _____.
- (4) Drill are of _____ types.
- (5) There are _____ commands in the Indian Navy.
- (6) On the Command of 'Left Turn' Cadet turn _____ degree.
- (7) There are wings in Defence.
- (8) The NCC established in India in the year _____.
- (9) Full form of ANO is _____.
- (10) Directorate of Maharashtra state is located at _____.

2. (a) What is the criterion to join NCC? 8
(b) Why National Integration is essential? 7

OR

(a) List out actions of drill. 8
(b) What are the different types of incentives given to the Cadets? 7

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3. (a) What are the aims of cycle expedition? 8
(b) What are the types of pollution? Write measures to control it. 7

OR

- (a) What adventure activities can be undertaken by NCC Cadets? 8
(b) What are the qualities of good Drill Instructor. 7

4. (a) What are the advantages of good listening? 8
(b) What do you understand by leadership? What are the qualities of a leader? 7

OR

- (a) What are the factors influencing the personality? 8
(b) What are the different types of skills used in our day to day life? 7

5. Write Short note on **any Three** of the following (ONLY FOR ARMY) 15

- (1) Organisation of Army.
- (2) Types of Communication
- (3) Features of wireless technologies.
- (4) Ranks in Indian Army.
- (5) 7.62mm SLR Rifle.

OR

- Write Short note on any three of the following (ONLY FOR NAVY) 15

- (1) Name the Gallantry award winners.
- (2) Organisation of Navy.
- (3) Principles of ship modelling.
- (4) Ranks in Navy.
- (5) Types of warships with examples.

OR

- Write Short note on any three of the following (ONLY FOR AIR) 15

- (1) Laws of motion.
- (2) ATC/RT Procedure.
- (3) Rules of the Air.
- (4) Development of Aviation.
- (5) History of Air Force.

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(2½ Hours)

[Total Marks : 75

- N.B. : (1) All the questions are compulsory.
(2) Each question carries 15 marks.

1. A) Fill in the blanks (Any Five) :-

- i) secured silver medal in Double Trap shooting event at 2004 Athens olympic games.
a) Rajvardhan Rathod b) Abhinav Bindra c) Gagan Narang
- ii) times Indian Hockey team won gold medal at olympic games.
a) 06 b) 05 c) 08
- iii) Beijing olympic 2008 Mr. Vijendra Singh secured medal in Boxing event.
a) Bronze medal b) silver medal c) gold medal
- iv) After the Don Bradmen is the famous Indian cricket player.
a) Sunil Gavaskar b) Sachin Tendulkar c) Mahendrasingh Dhoni
- v) Kabaddi Team consist of players.
a) 12 b) 07 c) 09
- vi) is the famous Snooker player of India.
a) Pankaj Adwani b) Geet Sethi c) Tiger Wood
- vii) secured silver medal in Badminton event at 2016 Rio olympic games.
a) Sania Nehwal b) P.V.Sindhu c) Jwala Gutta

B) Match the following columns (Any Five) :-

Columns I	Columns II
1) Devis Cup	Basket Ball
2) B.C. Gupla Trophy	Tennis
3) C.K.Naidu Trophy	Badminton
4) Uber Cup	Check met
5) Chess	Cricket

C) Write True or False (Any Five) :-

- i) 18×10 is dimintion of Volly Ball Ground.
- ii) Milkha Singh is the wrestling players.
- iii) Do or Die Raid in Kho-Kho games.
- iv) Kapil Dev was the captain of First World Cup Indian Cricket winner Team.
- v) Vishwanathan Anand is the Golf player.
- vi) Sakshi Malik secured bronze medal in boxing at olympic games.

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7) Badminton Racket made by wooden.

2. Explain the determinant of wellness.

OR

What do you mean by determinant of health? Explain brief of health factor.

3. Which one the six components of physical fitness? How they are related to various skills?

OR

What is meaning of health related physical fitness? (HRPF) How many components come under the health related physical fitness?

4. What is the JCR Test? Write Test items of JCR Test.

OR

What do you mean by cardio vascular endurance? Write the names of the test to measure cardio vascular endurance.

5. What is flexibility? Give the name of Tests to measure the flexibility.

OR

Write short note on any three of the following :-

- 1) Emotional Development.
- 2) Determinent of health.
- 3) Components of SRPF.
- 4) Spiritual wellness.
- 5) Mental Development.

(२^१/_२ तास)

(मराठी रूपांतर)

(एकूण गुण : ६०)

सूचना : (१) सर्व प्रश्न अनिवार्य आहेत.

(२) सर्व प्रश्नांना १५ गुण आहेत.

१. अ) गाळलेल्या जागा भरा (कोणत्याही पाच) :

१) २००४ अथेन्स ऑलिंपिक मध्ये डबल ट्रॅप रायफल शूटींग या प्रकारात यांनी रौप्य पदक प्राप्त केले.

अ) राजवर्धन राठोड ब) अभिनव बिंद्रा क) गगन नांरग

२) भारतीय हॉक संघाने आतापर्यंत ऑलिंपिक मध्ये वेळा सुवर्ण पदक प्राप्त केले.

अ) ०६ ब) ०५ क) ०८

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