

f4.Bcom / 45

Q.P. Code :0000494

[Time: 2½ Hours]

[ Marks:75]

Please check whether you have got the right question paper.

- N.B:
1. All questions are compulsory
  2. All questions carry equal marks
  3. Figures to the right indicate full marks

Q.1	A.	Match the following (Any Eight)	(08)
		1 Constitution Day of India	A 01 October
		2 International Women Day	B 26 November
		3 International Yoga Day	C 18 July
		4 Mumbai University Foundation Day	D 7 March
		5 National Youth Day	E 10 December
		6 National Blood Donation Day	F 7 April
		7 World Aids day	G 5 June
		8 World Environment Day	H 21 June
		9 World Health Day	I 1 December
		10 World Human Rights Day	J 12 January

B. Fill in the blank (Any Seven)

(07)

1. International student day is celebrated on \_\_\_\_\_.
2. Indian republic day is celebrated on \_\_\_\_\_.
3. NSS volunteer has to work for \_\_\_\_\_ hrs NSS activities in 1 academic Year.
4. The head of NSS at the national level is \_\_\_\_\_ minister.
5. First line of preamble to Indian Constitution is \_\_\_\_\_.
6. Duration of special residential camp is \_\_\_\_\_ Days.
7. On the occasion of Swami Vivekananda Jayanti, NSS organizes \_\_\_\_\_.
8. NSS volunteer has to work in 2 projects for \_\_\_\_\_ hrs in one academic year.
9. At the end of academic year, NSS volunteers gets \_\_\_\_\_ grace marks.
10. \_\_\_\_\_ is NSS Regional director of Maharashtra.

Q.2 Give detail information of various regular activates of NSS.

(15)

OR

Q.2 A) Write a short note on Objectives of NSS.

(08)

B) Draw a rough sketch of NSS symbol and explain its meaning.

(07)

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- Q.3** How distribution of labor is associated with the caste system in India? **(15)**
- OR**
- Q.3** A) Justify, gender as an important criterion for division of labor. **(08)**  
B) Explain the meaning of social justice. **(07)**
- Q.4** Justify "Domestic violence against women is still a serious issue in India" **(15)**
- OR**
- Q.4** A) Enlist the reasons for degeneration of family system in India. **(08)**  
B) Explain the concept and features of inclusive growth. **(07)**
- Q.5** Write the technique and benefits of any three types of Yogasanas. **(15)**
- OR**
- Q.5** A) Explain the meaning of national integration. **(08)**  
B) Justify "development of communication skills is important for NSS volunteer". **(07)**

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Q.P. Code : 00785

[Time: 2:30 Hours]

[Marks:75]

Please check whether you have got the right question paper.

- N.B:
1. All questions are compulsory
  2. Figures to the right indicates full marks
  3. Question No.5 should attempt by Army, Navy and Air wing Cadets respectively.

Q.1 A) Fill in the blanks (Any Eight)

(08)

1. There are \_\_\_\_\_ Directorates in NCC.
2. \_\_\_\_\_ Country invented the drill.
3. In Savdhan position, the angle between two legs is \_\_\_\_\_.
4. Drill are of \_\_\_\_\_ types.
5. When we talk to our senior we should be in \_\_\_\_\_ position.
6. Full form of DG is \_\_\_\_\_.
7. CO stands for \_\_\_\_\_.
8. There are \_\_\_\_\_ wings in Defence.
9. Rank of DG NCC is \_\_\_\_\_.
10. \_\_\_\_\_ is the highest Gallantry Award in Indian Armed Forces.

Q.1 B) State the following sentences are True or False (Any Seven)

(07)

1. There are two types of drill.
2. NCC is the largest youth organization in world.
3. Water is a natural resource.
4. Unity and Discipline is moto of NCC.
5. Drill develops the personality of Cadets.
6. Flood is a manmade disaster.
7. Land is not natural resources.
8. Prime Minister is the Supreme Commander of all three Armed Force.
9. NCC is a Voluntary Organization.
10. The NCC started in India in year 1947.

Q.2 A) Describe the NCC Organization.

(08)

B) Write a note on the significant role played by any one of the National Hero in freedom movement.

(07)

OR

A) India Exhibits Unity in Diversity. Explain.

(08)

B) Write NCC song.

(07)

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- Q.3 A) What are the aims of cycle expedition? (08)  
B) What are the types of pollution? Write measures to control it. (07)  
**OR**  
A) What adventure activities can be undertaken by NCC Cadets? (08)  
B) What are the qualities of good Drill Instructor? (07)
- Q.4 A) Explain the safety measures taken during camps. (08)  
B) What are the important leadership traits? (07)  
**OR**  
A) What are the factors affecting personality of an individual? (08)  
B) What is communication? Explain process of communication. (07)
- Q.5 Write Short note on **any three**. (15)  
(ONLY FOR ARMY)  
1. Types of communication.  
2. Organization of Army.  
3. Features of 7.62 mm SLR rifle.  
4. ParamVir Chakra.  
5. Characteristics of wireless technologies.  
**OR**  
(ONLY FOR NAVY)  
1. Brief History of Indian Navy.  
2. Ranks in Indian Navy.  
3. Principles of ship modeling.  
4. SAR organization in the Indian Ocean.  
5. Destroyer ships of Indian Navy.  
**OR**  
(ONLY FOR AIR)  
1. History of Air Force.  
2. Principles of Flight.  
3. Laws of motion.  
4. Development of aviation  
5. Ranks in Air Force.

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Q.P. Code ;01258

[Time: 2 $\frac{1}{2}$ Hours]

[ Marks:75]

Please check whether you have got the right question paper.

- N.B: 1. All the questions are compulsory.  
2. Each questions carries 15 Marks.

## Q.1. A) Fill in the blanks : (Any Five)

(15 Marks)

- a. \_\_\_\_\_ secqured silver medal in Badminton at 2016 Rio Olympic games.  
i)Saina Nehaval      ii) P.V. Sindhu      iii) Mery Kom
- b. \_\_\_\_\_ creat a new Double Century record in cricket one Test Series.  
i)Kedar Jadhav      ii) Virat Kohli      iii) Yuvraj Singh
- c. Rajiv Gandhi khel Ratna cash award is Rs. \_\_\_\_\_.  
i)7,50,000/      ii) 7,00,000/-      iii)5,00,000/-
- d. Dimensions of standard Football Ground is \_\_\_\_\_.  
i)80×90mtr      ii)120×90mtr      iii)100×70mtr
- e. \_\_\_\_\_ is the hight of Volleyball Net in Men section.  
i) 02.44mtr      ii) 02.43mtr      iii) 02.45mtr
- f. Following \_\_\_\_\_ things required to Boxing players.  
i)Shot put      ii)Gum shild      iii) Keeping Gloves
- g. Measurements of the Long Jump Jumping Pit is \_\_\_\_\_.  
i) 09×2.75 mtr      ii) 09×3.5 mtr      iii) 09×1.5 mtr.

## B. Match the following columns (Any Five)

Column A	Column B
1) Ball Badminton Ground	1) 6.10 x 13.40mts
2) Badminton Ground (Double)	2) 13 x 10mts
3) Basketball Ground	3) 16 x 29mts
4) Football Ground	4) 15 x 28mts
5) Handball Ground	5) 12 x 24mts
6) Kho-kho Ground	6) 120 x 90mts
7) Kabaddi Ground	7) 20x40mts

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**C) Write True or False (Any Five)**

1. W.H.O. stands for World Human Organisation.
2. Narsingh Yadav is the wrestling Asian Gold Medlist.
3. Indian Cricket team secured first ODI World Cup in 1982.
4. Maharashtra Bhusan puraskar was started in the year 1995.
5. Rajmata jijabai puraskar is given to best women coaches in Maharashtra.
6. Liander pase got bronze medal in tennis Olympic game.
7. Gopichand pullela is the Badminton Coach.

**Q.2.** What is Body Composition? Explain different Techniques of measuring Body Composition. **(15 Marks)**

**OR**

Write in details of components of physical fitness?

**Q.3.** Write a note on principles of Health explain in details? **(15 Marks)**

**OR**

Explain the effect of exercise on circulatory system.

**Q.4.** What is JCR Test? Write test items of JCR Test? **(15 Marks)**

**OR**

Explain the concept of Wellness? What are the stages of determination of wellness?

**Q.5.** What is the meaning of Health related physical fitness? (HRPF). How many components came under the health related physical fitness? **(15 Marks)**

**OR**

Write short Note on any three of the following

1. Concept of Exercise.
2. Define the genetic.
3. Motor related physical fitness.
4. Determinent of Wellness.
5. Anaerobic exercise.