

Q.P. Code : 12172

[Time: 2½ Hours]

[Marks: 75]

Please check whether you have got the right question paper.

- N.B:
1. All questions are compulsory.
 2. All questions carry equal marks (each 15).
 3. Right to figure indicates full marks.

Q.1 (A) State whether the following statements are True or False (Any Eight):

08

1. Programme officer is responsible for functioning of NSS at University level.
2. 1st December is known as World AIDS Day.
3. Nuclear family is a distinctive characteristic of modern Indian society.
4. The web of social relationship means society.
5. Article 341 relates to scheduled castes.
6. The World Environment day is on 5th June.
7. Each enrolled volunteer should contribute 120 hours for community services.
8. The Eighth schedule of Indian constitution contains list of language.
9. Gender means social inequality between male and female.
10. Child sex ratio is declining in India.

Q.1 (B) Match the column (any Seven)

07

Group A

Group B

- | | |
|---|---------------------------------|
| 1. The nodal ministry for NSS | a. Home Ministry |
| 2. AVAN Camp | b. Youth and sports ministry |
| 3. 24 September | c. Disaster Management Training |
| 4. 8 th March | d. NSS Day |
| 5. Caste system | e. World Women Day |
| 6. Article 17 | f. Closed system |
| 7. Participation of Marginal in development | g. Abolition of untouchability |
| 8. General Sex ratio in 2011 | h. Inclusive development |
| 9. 73 rd amendment | i. 940 |
| 10. Right to education | j. Rural local self-government |
| | k. 86 th amendment |

- Q.2 Write an essay on NSS Regular activities 15
OR
- a. Attempt a review the history of NSS. 08
 - b. Explain the organizational structure of NSS. 07
- Q.3 Define caste. Explain the characteristics of caste system. 15
OR
- a. Discuss in brief the concept of society. 08
 - b. 'Child sex ratio is declining in India' comment. 07
- Q.4 Write detail explanation about Rights to equality. 15
OR
- a. Write a brief note on "Social justice". 08
 - b. Explain the concept of inclusive growth. 07
- Q.5 Write an essay on National Integration. 15
OR
- a. 'Communalism is increasing in India' comment. 08
 - b. Explain in brief any four types of yoga. 07

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Paper / Subject Code: 80903 / Foundation Course NCC - I

130

Q.P. Code :23503

[Time: 2:30 Hours]

[Marks:75]

Please check whether you have got the right question paper.

- N.B:
1. All questions are compulsory.
 2. Figures to the right indicate full marks.
 3. Que. No.5 should attempt by Army, Navy, and Air wing cadets respectively.

Q.1

A) Fill in the blanks (Any Eight)

- 1) The angle between toe in Savdhan position is ----- degree.
- 2) The word of command consists of ----- parts.
- 3) The speed of marching in quick time is ----- steps.
- 4) The word of command 'Thum' is given on ----- foot.
- 5) NCC group in Maharashtra are divided into ----- groups.
- 6) GST stands for -----.
- 7) ----- is the holy book of the Hindu.
- 8) Maharashtra Directorate is located at -----.
- 9) India's first aircraft carrier is -----.
- 10) India's first sena chief -----.

08

B) State the following sentences are true or false (any seven)

- 1) The word of command 'Tej Chal' cadet start with left foot.
- 2) President of India is given 'General salute'.
- 3) In Vishram positing the distance between heel to heel is 16 inch.
- 4) 'Adha Dahire mur' involves 90°.
- 5) 'Lying position' is the most comfortable position for firing.
- 6) The weight of 7.62 mm SLR is 5.00kg.
- 7) 'Dahine Dekh' is given on right foot.
- 8) In 'Tej chal' samne salute is completed in 7 actions.
- 9) 'Bharat chodo Andolan' was started from Mumbai.
- 10) There are four Rifle companies in an Infantry battalion.

07

Q.2 Answer the following

- a. Explain the structure and organization of the National Cadet corps.
- b. Discuss the significant role played by national heroes in freedom movement.

08

07

OR

- a. India Exhibits Unity in Diversity. Discuss.
- b. Write a brief account on genesis of National Cadet corps.

08

07

Q.3 Answer the following

- a. Explain the role of NCC cadets in conservation of Natural resources?
- b. State the advantages of trek and enlist the item for trekking gear.

08

07

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Q.P. Code :23503

OR

- a. Explain the safety measures taken During Cycling.
- b. Explain the concept of rain water harvesting and state its advantages for urban areas?

08
07

Q.4 Answer the following.

- a. Discuss the barriers to effective communication.
- b. Give a brief account on the and control of Army.

08
07

OR

- a. Explain the various qualities of leadership.
- b. How would we know if someone is not listening to us.

08
07

Q.5 Write short note on any three of the following (ONLY FOR ARMY)

- 1. Ranks in Army
- 2. Types of communication
- 3. Parts of 7.62 mm rifle
- 4. Obstacle course
- 5. NCC song

15

OR

Write Short note on any three of the following (ONLY FOR NAVY)

- 1. Write the name of gallantly award winners
- 2. SAR organization in the Indian Ocean.
- 3. Principles of ship modeling.
- 4. Ranks in Navy.
- 5. History of Indian Navy.

OR

Write short note on any three of the following (ONLY FOR AIR)

- 1. Aviation medicine
- 2. Rules of the Air
- 3. Ranks in Air Force.
- 4. Development of aviation
- 5. Laws of motion.

208

Q. P. Code: 30258

(2 ½ Hours)

(Total Marks: 75)

N.B. : (1) All the question are compulsory.
(2) Each question carries 15 marks.

1. A) Fill in the blanks using correct option:- (15 Marks)

- 1) 1994 Asian Games was conducted at _____
(a) New Delhi (b) Beijing (c) Hiroshina
- 2) Length of Cricket pitch is _____
(a) 20 yard (b) 22 yard (c) 25 yard
- 3) Smashing term is related to _____ Game.
(a) Volleyball (b) Handball (c) Net Ball
- 4) Indian New Golden Girl is _____
A) Ashwini Aavkunji B) Kavita Raut C) Sini Jyos
- 5) Meri Kom is related to _____ Game.
A) Boxing B) Judo C) Weight Lifting
- 6) _____ Indian player made double century (200 run)
(a) Vijay Hajare (b) P. Umrigar (c) Kapil Dev
- 7) _____ colours Indicats Olympic Flag.
(a) 07 (b) 06 (c) 05.

B) Match the following column (Any five) t

	Column A		Column B
1	Wankhede Cricket Stadium	1	Kolkata
2	Headquater of Olympic games IOC	2	Mumbai
3	under 17 Football World Cup 2017	3	Swizerland
4	Eden Garden Stadium	4	Mumbai
5	Breborne Stadium	5	India
6	Dr. Ambedkar Stadium	6	Athletic
7	Steeple Chess	7	Navi Delhi

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C) Write the statement true or false

- 1) First Arjun Award was awarded to Mr. Prithivipal Singh in Hockey Game.
- 2) Deodhar Trophy is the Trophy of Cricket Game.
- 3) First Time Kabaddi game was included in the Beijing Asian Game
- 4) 90° throwing sector of the Shot put Circle.
- 5) Pulela Gopichand is the coach of P.V.Sandhu
- 6) Measurement of the Basketball Court is 20 mtr x 10 mtr.
- 7) Butterfly event is related to volleyball game.

2. Write in details the components of physical fitness. (15 Marks)

OR

Explain the determinant of Wellness?

3. What is the role of physical education in development of physical fitness components? (15 Marks)

OR

Explain the role of physical fitness in daily healthy life?

4. What is the JCR Test? Write JCR Test in detail. (15 marks)

OR

Define the physical fitness component and write in Details?

5) What do you mean by cardio vascular endurance? Write any one test to measure cardio vascular endurance. (15 Marks)

OR

Write shorts notes on any three of the following.

- 1) What is the muscular strength?
- 2) Vertical Jump.
- 3) Determinant of health.
- 4) Basic fitness components.
- 5) Concept of Exercise.
