

**Q.P. Code : 02920**

- 3) Body Language is an example of oral communication.
- 4) Account book is not a part of N.S.S document.
- 5) Positive attitude is mechanism of conflict resolution.
- 6) Tribal ministry is formed in the year 1999.
- 7) Education for all started by UNESCO
- 8) Women's Empowerment year was celebrated in 2002
- 9) NGO ' Vanrai' is founded by Mohan Dhariya.
- 10) The village Ralegan siddhi is known for the contribution of Anna Hajare

- Q.2 Define survey. Explain the characteristics of socio economic survey. 15
- OR**
- A) Write a brief note on data analysis. 8
- B) Explain the concept of Team Building. 7
- Q.3 What does it mean by communication? Explain merits and demerits of verbal communication. 15
- OR**
- A) Discuss the Nature of Adventure camp. 8
- B) Write a brief note on Annual Report. 7
- Q.4 Define conflict. Discuss the causes of Conflict. 15
- OR**
- A) Explain the process of icebreaking. 8
- B) Discuss the Feature of Planning. 7
- Q.5 Define voluntary Organization and discuss the causes of its growth in India. 15
- OR**
- A) Explain in brief the concept of cashless society. 8
- B) Write a brief note on Baba Amte's contribution. 7

Q.P. Code :05198

[Time: 2 1/2 Hours]

[ Marks : 75]

Please check whether you have got the right question paper.

- N.B:
1. All questions are compulsory.
  2. Figures to the right indicates full marks.
  3. Question No.5 should attempt by Army, Navy, and Air Wing Cadets respectively.

- Q 1 A) fill in the blanks (Any Eight) 08
1. \_\_\_\_\_ and \_\_\_\_\_ are the types of drill.
  2. President of India is given \_\_\_\_\_ Salute.
  3. Number placed on 0.22 rifle on \_\_\_\_\_ places.
  4. Effective range of 0.22 rifle is 25 yard.
  5. LMG is stripped in \_\_\_\_\_ main parts.
  6. Intense rate of fire of 5.56 mm INSAS is 150 rounds per min.
  7. \_\_\_\_\_ types of ammunitions can be fired from 5.56 mm INSAS
  8. For application firing 1X1 target is used for 0.22 rifle.
  9. The highest gallantry award in India Army is Padam Chakra.
  10. Indian military Academy is located at Dehra Dun, Uttarakhand.
- Q 1 B) State the following statements are True or False (Any Seven) 07
1. In 'Bagal shastr' saluting is done by left hand.
  2. Standing position is most comfortable for firing.
  3. While marching on parade command 'Baen Mur' is given on right foot.
  4. While getting on parade with rifle, the rifle is carried out 'Baju shastr'
  5. The speed of marching in girl's BN is 117 steps per min.
  6. Prime minister is the supreme commander of three armed forces in India.
  7. Kargil war is occurred in 1999
  8. Signal is fighting arm.
  9. Dahine Mur involves 45 degree turn.
- Q 2 a) Distinguish between manmade disaster and natural disaster 08  
 b) Discuss various types of natural disaster 07
- OR
- a) Explain the functions of NCC cadet during the flood. 08  
 b) Describe the function of NCC cadet during the Cyclone. 07
- Q 3 a) Explain in detail about SwarnaJayanti Gram SwarojgarYojana (SGSY) 08  
 b) Discuss the various needs of weaker section. 07
- OR
- a) Discuss the role of NCC cadet in social welfare 08  
 b) Explain the role of youth in awareness about HIV-AIDS 07
- Q 4 a) Discuss in brief about Sanitaion. 08  
 b) Discuss about contagious disease and their preventive measures. 07
- OR
- a) Explain the various types of Hygiene. 08  
 b) Write in detail about the functioning of human body. 07
- Q 5 Write short notes on any Three of the following (ONLY FOR ARMY) 15
1. Types of topographical forms. Karst, Mountain topography,
  2. Types of Bearings.



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3. GPS (Global Positioning System)
4. Indication of Landmarks and targets.
5. Conventional signs.

**OR**

**Q 5 Write short notes on any three of the following (ONLY FOR NAVY)**

1. Duties of various Communication Sub departments.
2. Transmission of Message.
3. Types of knots.
4. Boat pulling orders.
5. Parts of anchor

**15**

**OR**

**Q 5 Write short note on any three of the following (ONLY FOR AIR)**

1. Air Craft Control
2. Basic flight instruments.
3. History of Aeromodelling.
4. Types of Aeromodels
5. Building of Aeromodels.

**15**

Fy/FC- physical edu./Sem-II

April-17

QP Code : 07132

(2½ Hours)

[Total Marks : 75]

- N.B. : (1) All the questions are **compulsory**.  
(2) Each question carries **15** marks.

1. (a) Fill In The Blanks

15

- 1) Water Polo team consists of \_\_\_\_\_ players.  
(a) 05 (b) 07 (c) 09
- 2) Olympic Games are organized after every \_\_\_\_\_ years.  
(a) 02 yrs (b) 03 yrs (c) 04 yrs
- 3) Green park stadium is situated at \_\_\_\_\_ city.  
(a) Lakhnow (b) Kolkata (c) Kanpur
- 4) \_\_\_\_\_ is the national game of India.  
(a) Hockey (b) Cricket (c) Football
- 5) \_\_\_\_\_ was took the maximum wickets in the International test matches.  
(a) Zahir Khan (b) Kapil Dev (c) M. Murlidharan
- 6) \_\_\_\_\_ is the distance of Marathon Race.  
(a) 42.50k.m. (b) 42.175k.m. (c) 42.195k.m.
- 7) Weight of the shot put for the women is \_\_\_\_\_ Lbs.  
(a) 06 Lbs (b) 08 Lbs (c) 10 Lbs

(b) Match the pair players name and their games. (any five)

- | 'A'             | 'B'          |
|-----------------|--------------|
| 1) Limba Ram    | 1) Wrestling |
| 2) Milkha Singh | 2) Archery   |
| 3) Kartar Singh | 3) Athlete   |
| 4) P. V. Sindhu | 4) Boxing    |
| 5) MeryKom      | 5) Cricket   |
| 6) Gagan Narang | 6) Badminton |
| 7) AshwinR.     | 7) Shooting  |

(c) Write the sentence **true** or **false**

- (1) Sachin Tendulkar made first century at Kolkata in the year 1984.
- (2) Feroz Shah Kotala stadium situated at Ne'w Delhi.
- (3) World biggest Cricket ground at New York Arnrica.
- (4) Measurement of Basketball ground is 28 x 15 mtr.
- (5) Deepa Karrnakar was secured Bronze Medal at Rio Olympic 2016.
- (6) Laxmibai National College of Physical Education is situated at Gwalior.
- (7) Three ulnpires in the Hockey field.

2. What is Tetanus, Write its Common Symptoms and suggest Preventive Measures and therapeutic aspects for it? **15**

OR

Explain in Detail Benefits of Yoga?

3. Explain Benefits of physical fitness and exercise? **15**

OR

Explain Basic- module-Time split for rest, sleep, diet, activity and recreation?

[TURN OVER



4. What is Ashtang Yoga and Explain types of Yoga?

OR

Explain in detail The Rest and Recovery Principle & The Use or Lose Principle?

5. Explain in detail Preventive and therapeutic: aspect of Communicable and non-communicable diseases?

OR

Write short notes on any three of the following

1. Continues Training
2. Bhastrika Pranayama
3. Aids Preventive Measures
4. Interval Training
5. Hepatitis Preventive Measures
6. Anulom Vilom Pranayama.

(मराठीरूपांतर)

(२ १/२ तास)

(एकूण गुण : ७५)

१. (अ) गाळलेल्या रिकाम्या जागा भरा (एकूण पाच)

(१) वॉटर पोलोच्या संघामध्ये ----- खेळाडू संख्या असते.

(अ) ०५

(ब) ०७

(क) ०९

(२) ऑलम्पिक खेळाचे आयोजन दर ----- वर्षांनी केले जाते.

(अ) दोन वर्ष

(ब) तीन वर्ष

(क) चार वर्ष

(३) ग्रीन पार्क हे खेळाचे स्टेडियम ----- शहरामध्ये आहे.

(अ) लखनऊ

(ब) कलकत्ता

(क) कानपूर

(४) भारताचा राष्ट्रीय खेळ ----- हा आहे.

(अ) हॉकी

(ब) क्रिकेट

(क) फुटबॉल

(५) एकदिवसीय आंतरराष्ट्रीय क्रिकेटमध्ये ----- सर्वाधिक विकेट घेतले.

(अ) झाहिर खान

(ब) कपिल देव

(क) मुथ्थ्या मुरलीधरण

(६) मेरॉथान धावणे क्रीडाप्रकारे ----- अंतर असते.

(अ) ४२.५० कि.मी.

(ब) ४२.१७५ कि.मी.

(क) ४२.१९५ कि.मी.

(७) महिलासाठी असणाऱ्या गोळाफेकचे वजन ----- असते.

(अ) ०६ पौंड

(ब) ०८ पौंड

(क) १० पौंड

(ब) जोड्या लावा अ संघटना ब त्याचे ठिकाण :-

१) लिम्बा राम

२) मिलखा सिंह

३) करतार सिंह

४) पी. व्ही. सिंधू

५) मेरी क्रोम

६) गगण नारंग

७) अश्विन आर्.

१) कुस्ती

२) तिरंदाज (धनुर्विद्या)

३) अॅथलेटिक्स

४) बॉक्सिंग

५) क्रिकेट

६) बॅडमिंटन

७) शुटिंग

[TURN OVER