COM115NCC22	
[Duration: - 2 ½ Hours]	[Marks 75]
Note: 1.All questions are compulsory.	K 1
2. Figures to the right indicate full marks.	1
3. Students will be allowed 15 Minutes extra time per hour.	
PART B	
-Q.2 - Answer the Following - (Any One out of Three)	(10 M)
a) Explain in Detail NCC Organization	
b) Eexplain the contribution of NCC cadets towards Nation.	
c) Write a Genesis of NCC.	
Q.3 - Answer the Following - (Any One out of Three)	(10 M)
a) What are the qualities of good citizen.	
b) What are the different types of skills used in our day to day life	
c What do you understand by leadership what are the qualities of leader.	(P.T.O)

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 Q.4 - Answer the Following - (Any One out of Three) a) Why national Security is essential. b) Explain the concept of Global Warming. c) Explain the role of helth in our life . 	(10 M)
 Q.5 - Answer the Following - (Any One out of Three) a) Explain the safety measures taken during swimming b) Discuss the barriers to effective communication. c) How would we know if someone is not listening to us. 	(10 M)
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	iration: - 2 ½ Hours] te: -	COM11	15NSS22	[Mar]	ks 75]
1. 3.	All questions are compulsory. Students will be allowed 15 M	2. inutes extra	Figures to the rig a time per hour.	ht indicate full marks.	
0.0			PART B		
	 Answer the Following - (Any 1. Explain the term NSS 2. Explain Socio economic surv 		Three)		(10 M)
	3. Process of Socio-economic s	urvev			- (
Q.3	 Answer the Following - (Any Explain term leadership train Explain the concept, Verbal 	ing			(10 M)
	3. What do you mean by report	writing	ioar communication		(P.T.O)

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2.



(10 M)

(10 M)

Q.4 - Answer the Following - (Any One out of Three)

2

What do you mean by conflict and measure to solve it.
 Explain Programme planning- the concept and its features
 Explain the term Ice breaking and interaction games
 Q.5 - Answer the Following - (Any One out of Three)
 Government organizations its meaning functioning
 Non-Government organizations its meaning , functioning
 Government schemes for community development

- d	Seat Number: Signature of Supervisor with Date:-	
	[Duration: - 2 ½ Hours] COM115NSS22 [Marks 7	[5]
	1. All questions are compulsory. 2. Figures to the right indicate full marks.	
4	3. Students will be allowed 15 Minutes extra time per hour.	
а 8	Q. 1 Multiple Choice Questions (3	5M)
	1. The first Republic Day Camp of NSS Volunteers was held in	5141)
	a.1987 b.1990 c.1988 d.2000	
	2. What is the overall objective of NSS?	
	a. Development of Student's personality through community service. b. Only Education	
	c. To achieve goal d. Participation	
	3. The NSS Headquarter located in	
2	a. Jaipur b. Rajasthan c. New Delhi d. Udaipur	
	4. The NSS day is observed onevery year	
	a. 25 th September b. 23 rd September c. 24 th September d. 28 th September	
	5, NSS Certificate and Identity card are the pride of NSS Volunteers	
	a.NSS Badge b. Attendance c. Participation d. goal	
	6. When is world environment day observed?	
	a.5 th July b.5 th June c. 6 th April d.4 th May	
	7. AVHAN' camp relates to	
	a. Leadership training b. Disaster Management c. Cultural Activity d. Adventure camp	
	8. Social Problems are treated with social reform and	
	a. Social legislation. b. social work c. social sciences. d.social service	
	9. The idea of 'concurrent list' in the Indian constitution is taken from the Constitution of?	
ŝ	a. Ireland b. Canada c. Australia d. Japan	
	10 is the source of all the power that people delegate to political institutions and authority	ities.
<i>b</i> *	a. Constitution b. Agreement c. Contract d. Deed	
	11 is the vital tool for tying the society together.	
	a. Language b. Science c. Religion d. Culture	
	12. The official language of Indian Union is	
	a. English b. Sanskrit c. Malayalam d. Hindi	
	13 is the secondary official language.	
	a. English b. Tamil c. Gujarati d. Urdu	
	14. The Dravidian languages belong to India	
	a. East b. West c. North d. South	
	15. The state of Maharashtra has language as listed in the eighth schedule	
	as its sole official language .	
	a. Hindi b. Konkani c. Marathi d. Malvani	
	16. The term caste is derived from word 'caste' meaning breed or lineage.	
	a. French b. Sanskrit c. Latin d. Spanish	
	17. The social and political forces that influence the growth of a human being are defined as	
	a . culture b. public policy c. demography d. religion	
2	18. The Official Languages Act, 1963 itself was amended in	
2	a. 1965 b. 1967 c. 1966 d. 1968	
	19 in Tripura though not listed in the Eighth Schedule is the official	

Language a . Brahmi b. Mizo c. Kokborok d. Khasi 20. The Eight Schedule to the Constitution lists official languages. a.21 b. 23 c. 22 21.Faith and Justice are the principal belief of religion. d. 24 a. Buddhism b. Islam c. Sikhism d. Jainism 22. The duration of NSS Regular Activities is a.120 hours b. 100 hours c. 180 hours d. 90 hours 23. Van Mahotsava Week a.1-7 July b. 2-8 July c. 3-9 July d. 4-10 July 24. World Human Rights Day a. 10th December b. 11th December c. 12th December d. 12th December 25. National Blood Donation Day a. 1st October b.2nd October c. 3rd October d. 4th October 26. Trade Commerce and Intercourse within the Territory of India is mentioned in Part _____ in the Constitution. a. XIII b. XI c. XII d. X 27. What is not taken from British Constitution in the Constitution of India? a. Parliamentary rule b. Single citizenship c. Fundamental Rights d. Cabinet System 28. The first written constitution of the world is the Constitution of the a. United States of America b. UK c. India d. Canada 29. The US Constitution established a representative government, with ______ powers. a. Unlimited b. Limited c. Reasonable d. Selected 30. The Constitution of India was drafted and adopted by the _ a. Constituent Assembly b. Parliament c. Officials d. Majority 31. The Constitution of India is a very ______ and detailed document. a. Comprehensive b. Inclusive c. Limited d. Complex 32. The constitution of India came into effect on _____ 1950. a. 26th Nov. b. 26th Dec c. 26th Jan d. 26th Nov 33. ____ covers Hindi, Gujarati, Marathi, Bengali, Oriya etc. a. Dravidian language b. Indo – Aryan c. Aryan language d. Sino – Tibetan 34. A NSS Volunteer has to dedicate total ____ hours of social service in two years duration. a.200 b. 240 c. 180 d. 100 35. According to _____ the official language of the Indian Union shall be Hindi in Devanagari script. a Article 343 b. Article 19 c. Article 270 d. Article 27 Answer Sheet for Multiple Choice Questions

Ans.	Q. No.	Ans.	Q. No.	Ans.	Q. No.	Ans.	O. No.	Ans.
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Signature of the Examiner: -_____

Seat Number:S [Duration: - 2 ½ Hours] Note: -	Signature of Supervisor with Date: COM115PE22	[Marks 75]
1. All questions are compulsory.	2. Figures to the right indicate t	full marks
3. Students will be allowed 15 Min	nutes extra time per hour.	tun marks.
	PART B	
Q.2 - Answer the Following - (Any ((10 M)
1. Explain in detail about how ex	cercise helps to prevent or manage many heal	th problems and concerns
2. Explain important factors of p	hysical fitness and exercise?	in problems and concerns.
3. Explain - continuous training,	interval training	
Q.3 - Answer the Following - (Any C	ne out of Three)	
Explain in detail about the effe	ect of Psychological factors due to obesity.	(10 M)
2. Empleir in detail about the end	ict of r sychological factors due to obesity.	
\pm . Explain in detail about Corona	? And explain common symptoms, preventiv	e measures and therapeutic
a para da ta ta		

(P.T.O)

aspects?3. Explain the preventive and therapeutic aspects of communicable diseases.

Q.4 - Answer the Following - (Any One out of Three)

1

- 1. Explain in detail about the technique of Pranayama.
- 2. Write about the meaning and history of yoga.
- 3. Explain in details about the Dharana and Samadhi.

Q.5 - Answer the Following - (Any One out of Three)

- 1. Explain in detail about the balanced diet.
- 2. Explain a daily routine of exercise based upon one's attitude, gender, age and occupation?
- 3. Explain about the principles to achieve quality of life