

S.V.B.com

Q.P. Code: 20469

[Time: 2:30 Hours]

[Marks: 75]

Please check whether you have got the right question paper.

- N.B:
1. All questions are compulsory.
  2. All questions carry equal marks.
  3. Figures to the right indicate full marks.

**Q.1 A) Choose correct word and rewrite the sentences. (Any Eight)**

08

1. Pachmahavrata introduced by \_\_\_\_\_.  
a) Buddha                      b) Mahavir                      c) Kabir
2. Concept of empowerment used by \_\_\_\_\_ firstly.  
a) Paulo Friary                      b) Mahatma Gandhi                      c) Tolstoy
3. The concept of missing women introduced by \_\_\_\_\_.  
a) Amertya sen                      b) M.K. Gandhi                      c) Amar Sen
4. \_\_\_\_\_ is an example of Biological hazard.  
a) Swain Flu                      b) Flood                      c) Earthquake
5. The period of Sendai Convention is \_\_\_\_\_.  
a) 2005-2010                      b) 2015-2020                      c) 2015-2030
6. 'AVHAN' camp transfered from N.C.C to N.S.S. since \_\_\_\_\_.  
a) 2011                      b) 2012                      c) 2013
7. World Health Day is observed on \_\_\_\_\_.  
a) 7<sup>th</sup> April                      b) 9<sup>th</sup> November                      c) 1<sup>st</sup> December
8. The Government of India launched the Swachha Bharat Mission on \_\_\_\_\_.  
a) 2<sup>nd</sup> Oct 2015                      b) 2<sup>nd</sup> Oct 2014                      c) 2<sup>nd</sup> Oct 2016
9. Increase in blood sugar is related to \_\_\_\_\_.  
a) Cancer                      b) Malaria                      c) Diabetes
10. Brunt land commission produced \_\_\_\_\_ concept.  
a) Sustainable development                      b) Human development                      c) Millennium development

**B) Write true or false. (Any seven)**

07

1. Equal values are base of social integration.
2. Panchshila introduced by Gautam Buddha
3. Eradication of Untouchability act was based on equality values.
4. Domestic violence act was implemented in 2006.
5. Flood in Uttarakhand was natural calamity.
6. International Yoga Day observed on 21 July.
7. World Commission on Environment and development was established in 1983.
8. Delhi is the highly polluted city in the world.
9. NGO Vanrai was established by Mohan Dharia.
10. Narmada Bachao Andolan was leaded by Medha Patkar.

- Q.2** Define values and Explain the importance of human values in life. **15**  
**OR**
- a) Write a brief note on Gender inequality. **08**
  - b) Write an essay on Women Empowerment policy. **07**
- Q.3** What is meant by Disaster? Discuss in detail types of disaster. **15**  
**OR**
- a) Write a note on Disaster Management Cycle. **08**
  - b) Discuss on National Disaster Management Authority. **07**
- Q.4** Write an essay on Public Health System in India. **15**  
**OR**
- a) Write the causes and effects of Malaria. **08**
  - b) Explain the effects of open defecation. **07**
- Q.5** Explain in detail the Sustainable Development goals **15**  
**OR**
- a) Write a brief note on conservation of natural resources **08**
  - b) Explain the need and measures of energy conservation. **07**

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59 B Com.

Time: 2:30 hrs

Total Marks: 75

- Note: 1. All questions are compulsory.  
2. Figures to the right indicates full marks.  
3. Question No. 5 should attempt by Army, Navy and Air wing Cadets respectively.

Q1.A) State the following sentences are True or False (Any Eight). (08)

1. Mumbai is the head quarter of the armed forces in country.
2. Colonel in Army is quivalent to rank caption in Navy.
3. Maleria is spread by polluted water.
4. Taj mahal is located on the banks of River Yamuna.
5. Kathak is classical dance of madhaya Pradesh.
6. Lying position is the most confortable of firing.
7. There are 5 places on 0.22 rifle which are numbers placed.
8. There are three conmands in Indian Navy.
9. Kabaledi is national game of India.
10. Mumbai is the First and biggest University in India.

Q1.B) Fill in the blanks (Any Seven) (07)

1. In vishram position the distance between heel to heel is \_\_\_\_\_ inch
2. In 'Tej chal' Dahine salute is completed in \_\_\_\_\_ actions.
3. The weight of 0.22 delux-rifle is \_\_\_\_\_ kg.
4. Types of Fire of LMG \_\_\_\_\_
5. Sanjay Gandhi National Park is located at \_\_\_\_\_
6. Kargil conflict is occurred in \_\_\_\_\_
7. \_\_\_\_\_ is the highest rank in Army.
8. In medical terms bleeding in called as \_\_\_\_\_
9. \_\_\_\_\_ is the chief of Army.
10. First lady doctor in India \_\_\_\_\_

Turn Over

2

- Q2 a) How does NCC training create National Integration awareness among the cadets (08)  
b) Explain the importance of National Integration. (07)

OR

- a) Write a detailed note on freedom struggle in India. (08)  
b) India exhibits unity in diversity. Discuss (07)

- Q3 a) what are the precautions should be taken for good turnout? (08)  
b) What points should be planned before conducting the adventure training? (07)

OR

- a) What are the aims of trekking expedition? (08)  
b) Explain the various types of adventure activities. (07)

- Q4 a) There is a need for water conservation. Discuss. (08)  
b) Explain the causes and consequences of air pollution. (07)

OR

- a) Describe the various qualities of good leadership. (08)  
b) Explain the role of leader in conflict management. (07)

- Q5 Write Short note on any **Three** of the following (ONLY FOR ARMY) (15)

1. Characteristics of 5.56mm INSAS Rifle.
2. War movies.
3. Indo-Pak war.
4. Latest trends in Multimedia.
5. Organisation of Infantry Battalion.

OR

Turn Over

3

Q5 Write Short note on any three of the following (ONLY FOR NAVY) (15)

1. Modes of entry into Indian Navy.
2. Role of Indian Coast-Gurad.
3. Precautions while swimming.
4. Naval Customs and Traditions
5. Organisation of Ship.

OR

Q5 Write Short note on any three of the following (ONLY FOR AIR) (15)

1. Organisation of the Air Force.
  2. Branches of the IAF.
  3. Types of Engines.
  4. Jet Engines.
  5. Venturi Effect.
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Turn Over

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C0143 / M0303 FOUNDATION COURSE PHYSICAL EDUCATION III

Q.P:23754

(Time : 2 ½ Hours )

(Total Marks : 75)

N.B. : (1) All the questions are compulsory.

(2) Each question carries 15 Marks

**Q.1. (A) Fill in the blanks (Any Five).**

(15 Marks)

- 1) There are \_\_\_\_\_ rings on the Olympic flag?  
a) 3                                      b) 5                                      c) 6
- 2) The height of the volley ball net for men is \_\_\_\_\_.  
a) 2.40 m                                  b) 2.24 m                                  c) 2.43 m
- 3) \_\_\_\_\_ is celebrated as National Sports Day.  
a) 29<sup>th</sup> Aug    b) 15<sup>th</sup> Aug                              c) 12<sup>th</sup> Jan
- 4) The name 'Pele' is associated with the game of \_\_\_\_\_.  
a) Football                                  b) Cricket                                  c) Volleyball
- 5) \_\_\_\_\_ is the winner of women singles in Wimbledon 2015.  
a) Serena Williams    b) Venus Williams    c) Sania Mirza
- 6) Dimension of Basketball ground is \_\_\_\_\_.  
a) 15 X 28mts                              b) 14X 26mts                              c) 10 X30mts
- 7) \_\_\_\_\_ is known as 'Wizard' in the field of hockey.  
a) Maj. Krishna Kumar    b) Maj. Dhyanchand    c) Maj. Arun Kumar

**(B) Match the following (Any Five).**

**'A'**

1. Dhobi Pachhad
2. Wankhede stadium
3. Rajyawardhan Singh Rathod
4. NADA
5. IOA
6. Adventure Sports
7. CAS

**'B'**

- National Anti-Doping Agency
- Court of Arbitration for sports
- Wrestling skill
- Union Sports Minister
- Mountaineering
- Mumbai
- Indian Olympic Association

(C) State whether following sentences are true or false. (Any Five).

1. There are 19 pieces in the Carrom.
2. Football is also known as Soccer.
3. Sports and games develop in us team spirit.
4. Vishwanathan Anand is a World class Chess player.
5. Yogic exercises do not help to tone up muscles.
6. Modern Olympic Games are held every two year.
7. India hosted FIFA under 17 football world cup in 2017.

Q.2.What do you mean by nutrients? Explain different types of nutrients? (15 Marks)

OR

Why regulation of water is important in our body?

Q.3.What do you mean by concept of holistic health? Explain in details. (15 Marks)

OR

Explain the myths and misconceptions of personal fitness.

Q.4.What are the various types of exercise injuries? (15 Marks)

OR

How will you manage soft tissue injuries?

Q.5. Write down the importance of Sports training? (15 Marks)

OR

Short Notes (Any three)

1. Components of nutrition.
2. Blood pressure.
3. First aid box.
4. Difference between sprain and strain
5. Objectives of Sports training.