

L-2

Seat Number: - _____

PR48A23NSS

Marks:- 75

Duration: 2 1/2 Hrs

Note:- 1) All questions are compulsory.
2) Figures to the right indicate maximum marks.

Q.1.A) True or False: CO- 1, 2, 3 (R, V).

(8M)

- 1) Self help group help for women empowerment.
- 2) Idcal village means clean village.
- 3) Eco Tourism create employment opportunities.
- 4) Rojgar Hami Yojana is private scheme.
- 5) National service scheme started year 1969.
- 6) Cottage Industry is capital intensive Technique.
- 7) Khadi Udyag example of cottage Industry.
- 8) Payment of Taxes on time is responsibility towards empolyees.
- 9) LTP camp is State Level Camp.
- 10) WHIO stand for World Health Organization.

B) Match the pair. (CO- 1, 2, 3 R,U)

(7M)

(A)	(B)
1) Anna Hazare	1) Small Scale Industry
2) Popat Rao kadam	2) Development Bank
3) Payment of Tax	3) Ralegan sidhi
4) Rojgar Hami Yojana	4) Hiware Bazar
5) Self Help Group	5) Responsibility toward society
6) Cottage Industry	6) Awareness Program
7) Rotary Club	7) Employment Generation
8) IDBI	8) Women Empowerment
9) Protect Environment	9) N.G.O
10) Street Play	10) Responsibility towards Government

Q.2. 1) Explain 'concept of NITI A YOG'. (CO- 1 Apply)

(15M)

OR

a) Scheme of Government for women Empowerment.

(7M)

b) Rojgar Hami yojna . (CO- 1 Under)

(8M)

Q.3.1) Features of small scale industry. (CO-2 Analyse) (15M)

OR

a) Mahila Bhachat Gat (SHG). (CO- 2 Apply) (7M)

b) Micro Finance. (CO- 2 Analyse) (8M)

Q.4. Briefly explain concept of Ideal village with proper example. (CO- 2 U) (15M)

OR

a) Eco Tourism. (CO- 2 Analyse) (7M)

b) Green village. (CO- 2 Understand) (8M)

Q.5. Role of NGO in village development with proper examples. (CO-3 U) (15M)

OR

a) Nabarad Bank. (CO- 3 Analyse) (7M)

b) Rotary Club. (CO- 3 Create) (8M)

Duration: 2 1/2 Hrs

PR48A23NCC

Note:- 1) All questions are compulsory.

2) Figures to the right indicate maximum marks.

Foundation Course NCC Sem IV S.Y.Bcom, BBI, BAF, BMS SET I.

Q.1.A) State the following sentences are True or False: (any 8) (CO 1,2 R)

(8Marks).

- 1) NCC is the biggest youth organization in the world.
- 2) Adha dahine mud involves 30 degrees.
- 3) Lying position is the most comfortable position for firing.
- 4) The weight of the 22.0 delux rifle is 8 LBS 10 02.
- 5) There are 18 NCC directorates in India.
- 6) In vishram position the distance between heel to heel is 16 inches.
- 7) Satyam arora is the National Security advisor.
- 8) It Gen Amar Sing is DG of NCC.
- 9) The angle formed between toe to toe in attention is 45 degree.
- 10) The president of India is given a general salute.

B) Fill in the Blanks: (any 7) (CO 1,2 R U)

(7Marks).

- 1) Pollution are _____ types.
- 2) There are _____ wings of defense.
- 3) NCC was established in India _____ year.
- 4) The Directorate of Maharashtra state is located at _____.
- 5) _____ is the vice president of India.
- 6) NDA stands for _____.
- 7) CDS stands for _____.
- 8) India's first Home Minister _____.
- 9) _____ and discipline is the motto of NCC.
- 10) _____ is the highest award in India.

Q.2.A) Explain the importance of NCC. (CO 1,2 R) (8Marks).

b) Write a NCC song with explanation. (CO 2 U) (7Marks).

OR

P.T.O

a) What are the good qualities for Leadership? (CO 1, U) (8Marks).

b) Explain the different types of skills used in our day to day life.(CO 1 R ANA) (7Marks).

Q.3.A) Explain the importance of National Security. (CO 2 U) (8Marks).

b) Explain the need of Rain water harvesting. (CO 2 AP) (7Marks).

OR

a) Explain the role of NGO in society. (CO 2 U) (8Marks).

b) Explain the role of NCC cadet in Nation building. (CO 1, R A) (7Marks).

Q.4.A) Discuss the barriers to effective communication.(CO 1 U) (8Marks).

b) Explain the qualities of good listener's. (CO 2 APP) (7marks).

OR

a) Explain the safety measures taken during swimming. (CO 1 U) (8Marks).

b) Explain the importance of Health & Hygiene. (CO 1,2 R U) (7Marks).

Q.5. Write a short note: (any three) (CO 1 &2-R U) (15Marks).

1) India Pakistan War

2) Natural Disaster

3) Terrorism

4) Benefits of NCC

5) Importance of law & order.

Seat Number: _____

Duration: 2 1/2 Hrs

B PR48A23PE

Marks:- 75

Note:- 1) All questions are compulsory.

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Q.1 A) Match the following :- (any 8) CO1, CO2, (R) & (U)

(8 M)

Column A	Column B
1) Dehydration	a) Yoga
2) Fuel for the body brain	b) Protein
3) Egg, Milk, Cheese	c) Fatigue
4) Exercise	d) Carbohydrates
5) Unites your inner & outer self	e) Physical activity
6) Proper Breathing	f) Savasana
7) Causes of stress	g) Meditation, Music
8) Proper Relaxation	h) Pranayama
9) Outstanding performance international level	i) Work, Study
10) Coping with stress	j) Arjuna awards

Q.1 B) State whether the following Statement are True or False: - (any 7)

(7 Marks)

1. Stress has a different meaning for different people under different conditions _____.
2. Stress can be managed by talking to a close friend _____.
3. Padma Awards are given for outstanding services in different filed _____.
4. Rajiv Gandhi khel Ratna award is given by the Central government of India _____.
5. Shiv chhatrapati state lifetime sports Achievement Award is given to the sports person with outstanding performance international level _____.
6. Cricket player sachin Tendulkar is felicitated by the "Bharat Ratna Award" _____.
7. People often exercise to have better physical health. _____.
8. Yoga teaches you to balance and disciplined. _____.
9. Three square meals are Breakfast, Lunch, Dinner _____.
10. The human body consists of 95% water _____.

Q.2 A) Write a short note on stress Management CO1, CO2, (R) & (U) & (AP)

(8 M)

B) Define stress and causes of stress CO1, CO2, (R) & (U)

(7 M)

OR

C) What are the consequences of long Term stress? CO1, CO2, (R) & (AN)

(8 M)

D) What are the emotional and physical symptoms of stress? Co1, CO2, (R) & (U)

(7 M)

Q.3) A) What are the various awards in the sports given by the central Government? CO1, CO2,(R) & (U) (8 M

B) Who is awarded the Dhyanchand Life Time Achievement Award? CO1, CO2,(R) & (U) (7 M

OR

C) Write the Nature of the Shiv Chhatrapati state Sports Award. CO1, CO2, (R) & (U) (8 M

D) Write some information about state sports policy and scholarship schemes CO1, CO2, (R) & (U) (7 M

Q.4) A) What are the advantages of Exercise? CO1, CO2,(R) & (U) (8 M

B) What are the principles of Asanas & Bandha? CO1, CO2,(R) & (U) (7 M

OR

C) Distinguish between Yoga and Exercise? CO1, CO2, (R) & (U) & (AN) (8 M

D) Write a short note on Yoga? CO1, CO2, (R) & (U) (7 M

Q.5) A) Explain the concept of protein Carbohydrates, Fat, Vitamins & Minerals CO1, CO2,(R) & (U) (8 M

B) Write a short note on Hydration and Dehydration (7 M

OR

Q.5) Short Notes :- (any 3) (15 M

1) Padma Awards CO1, CO2,(R) & (U)

2) Eating Schedule CO1, CO2, (R) & (U),(AP)

3) Types of stress CO1, CO2,(R) & (U)

4) Arjuna Awards CO1, CO2,(R) & (U)

5) Advantages of Yoga CO1, CO2,(R) & (U)
